Why Choose Hospice?

With hospice care, people can live their final months to the fullest—pain free, with dignity and choice—when needs turn from cure to comfort. It helps families and their loved ones manage pain and symptoms, reduces caregiver stress, allows time to plan advanced directives and provides quality time together during life's last chapters.

Hospice affirms life; it neither hastens nor postpones death, helping individuals and their families get the most out of the time they have left. Many in hospice care continue to enjoy social activities and are encouraged to remain as active and engaged as their physical condition allows.

Though it may seem difficult to determine when the time is right for hospice care, anyone with a lifelimiting illness or condition and a prognosis of six months or less left to live is eligible.

When you're ready to make the transition, talk to Tabitha—the team you've come to trust to care for your loved one.

How Tabitha Helps

Tabitha Hospice provides hope through pain management and emotional and spiritual support, so people can live their final months in comfort and according to their wishes. By aging in place through hospice care, Seniors are able to live an average of 29 days longer than without such care.

Our services are provided wherever your loved one lives—including a private residence or independent, assisted or long-term care living communities—so most are able to spend their last moments at home, rather than a hospital.

Through a team approach that combines expert medical care, around-the-clock communication and consultation, and loving assistance and companionship, Tabitha is with you every step of the way.





Hospice is a scary word for a lot of people. Whenever I hear that word, I think of death. But hospice is so much more. I made the decision to utilize Hospice services for two reasons: I was tired of medical appointments and treatments; and it was time to give my caregivers a break. It was the best decision. Everyone on the hospice team is wonderful. Our home feels more peaceful. Our daily routines feel more normal. Someone else is taking care of things.

To *Celebrate* our wedding anniversary, a member of our Tabitha Hospice Team even asked a local harpist to give a private performance in the comfort of our living room. It was beautiful. We had never experienced anything like it.

When we hear someone is being supported by hospice, we think it's just a matter of time. That's true. It is just a matter of time, but I also think that time matters. I have always believed in the quality of life. I want the time that I have left to be full of positive energy. Maybe the next time I hear the word "hospice," I'll think about harps and beautiful music.

DIANE PODANY, *Grateful Hospice Client*

· Support for physical, emotional, social and spiritual needs

- · Personal care needs and companionship
- · Assistance to honor and carry out end-of-life wishes
- · Personalized Veteran services
- 24/7 availability for consultation and urgent visits
- · Coordination of medication, medical equipment and supplies

Crete f

Saline

Jefferson

York | Crete | Seward

Johnson

Pawnee

Gage

Lincoln

Nemaha

Nebraska City

Richardson

· Bereavement services for all loved ones during and after hospice care

Hospice care is covered by: Medicare | Medicaid | VA | Private Insurance Thanks to generous donations, no one is turned away regardless of ability to pay.

Where We Serve Tabitha regional borders Colfax Platte Tabitha Hospice service area Main campus, featuring Tabitha's full range of Nance Senior Care services and living communities Saunders Butler Howard Merrick Polk Regional offices Sarpy York **Living Communities** Grand Island Lincoln Cass Buffalo York Seward Hamilton Hall Lincoln | Syracuse Area Lancaste Otoe 402.486.8506

Adams

Clay

Nuckolls

Grand Island

Fillmore

Thayer

Kearney

Tabitha also proudly offers an innovative, residential-style living community to support Seniors and their families experiencing life's final journey.

Journey House SNF for End-of-Life Care is located on our main campus in central Lincoln and was the city's first Medicare-certified skilled nursing hospice community when it opened in 2011. This community provides loving and compassionate care in a home-like setting with the support of a highly involved, interdisciplinary team of caregivers, clergy and volunteers. In this unique and closeknit family atmosphere, Seniors find fulfillment in everyday moments as they weave together the tapestry of a lifelong legacy.

For more information, call us or visit Tabitha.org today.

TABITHA'S CARE SERVICES INCLUDE:

Tabitha's

includes:

comprehensive

York | Crete | Seward Area

Grand Island | **Kearney Area**

402.362.7739

308.389.6002

hospice program

Results-driven rehabilitation, accessible at-home health care, innovative living communities and compassionate hospice care.



